



In effect: Friday 01 August - Sunday 31 August 2025

EXTENDED SUMMER

OPENING HOURS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
GYM 06:00 - 11:00 17:00 - 21:30	GYM 06:00 - 11:00 17:00 - 21:30	GYM 06:00 - 11:00 17:00 - 21:30	GYM 06:00 - 11:00 17:00 - 21:30	GYM 06:00 - 11:00 17:00 - 21:30	GYM 08:00 - 12:00 17:00 - 19:00	GYM 09:00 - 15:00
POOL 06:00 - 10:00 10:00 - 11:00 ** 17:00 - 21:30	POOL 06:00 - 10:00 10:00 - 11:00 ** 17:00 - 21:30 ***	POOL 06:00 - 10:00 10:00 - 11:00 ++ 17:00 - 21:30 +++	POOL 06:00 - 10:00 10:00 - 11:00 ** 17:00 - 21:30 ***	POOL 06:00 - 10:00 10:00 - 11:00 ◆◆ 17:00 - 21:30	POOL 08:00 - 12:00 11:00 - 12:00 ◆◆ 17:00 - 19:00	POOL 09:00 - 15:00 11:00 - 14:00 ••

- ♦♦ Family fun sessions: Weekday's between 10:00 11:00, Saturday's between 11:00 and 12:00 and Sunday's between 11:00 and 14:00.
- ♦♦♦ POOL CLOSED TO SWIMMING BETWEEN 18:00 AND 19:00 (TU/WE/TH) DUE TO AQUA/SWIMFIT CLASSES TAKING PLACE

INFORMATION THERE WILL BE REDUCED LANE SWIMMING CAPACITY DURING THE WEEKS OF THE SWIMMING CRASH COURSES w/c 11 AUG (MON - FRI) AND w/c 25 AUG (TUE - FRI) BETWEEN 09:00 - 10:00

All facilities, including changing rooms, must be clear and vacated by the closing time shown.

